10/657, 4493 5/18/09 Cg

## Specification

Please make the following changes to page 4, starting at line 9:

Figure 1 Figures 1A and 1B is are a knitting pattern for a preferred embodiment according to the present invention.

Please make the following changes to page 10, starting at line 20

Example 1

In this preferred embodiment of the fabric as set forth in the foregoing, as shown in Figure 1-Figures 1A and 1B, illustrates a knitting pattern for a 2-bar warp knit tricot jersey fabric wherein the front bar is solid threaded with solution dyed synthetic continuous multifilament or monofilament yarn 69, as shown in Fig. 1A. The back bar is solid threaded with solution dyed SPANDEX elastomeric yarn 70, as shown in Fig. 1B.